



DR. ANDREW KORNSTEIN

WHAT ONE LIFESTYLE CHANGE WOULD MOST BENEFIT OUR HEALTH Cultivating a sense of spirituality **ALTERNATIVE OCCUPATION** An architect **HOBBIES** Golfing, biking and fine wines **FRAMED PHOTOS ON YOUR DESK** My wife, son, and dog, Max **I START EACH DAY** Having breakfast with my son **I WOULD LOVE TO OWN** A home in Tuscany **FAVORITE HISTORICAL FIGURE** Albert Einstein **I WOULD LIKE TO BE REMEMBERED AS** Giving and living from the heart

EXPRESS YOURSELF

A unique feature of Dr. Kornstein's approach to facial rejuvenation is his extensive experience with **AUTOLOGOUS FAT TRANSPLANTATION**, which restores volume to the aging face. He contends that his approach results in the successful transplantation of living tissue, which "provides a long-term anti-aging benefit while restoring the natural contour and volume of the face, thereby prolonging an immediate need for invasive surgery." Having honed his technique with over **15 YEARS OF EXPERIENCE**, Dr. Kornstein intimately understands the manner in which the facial skeleton ages and can therefore restore underlying mechanical support to shrinking facial features nonsurgically. In addition, Dr. Kornstein's primary objective when it comes to Botox is not to erase every wrinkle, but to achieve a **MORE YOUTHFUL MUSCLE BALANCE** throughout the face, which he believes results in a softer, more genuine outcome. Dr. Kornstein often uses fat grafting and Botox injections as adjunct treatments to his face-, eye- and browlift procedures, as the combined modalities permit customized outcomes where patients **RETAIN EXPRESSION AND CHARACTER**. Dr. Kornstein cautions that fat injections are "all the buzz" and should be performed with caution and careful consideration for the patient's features and facial structure, maintaining that "this customized approach is second nature to me but still very technique-dependent."

INSIDE INFORMATION

synergistic beauty

Dr. Andrew Kornstein believes a keen diagnostic eye is just as important as an innate talent for aesthetics and conscientious technical skills when it comes to plastic surgery. "I look at everyone as my canvas," he says. "The subtle nuances make all the difference."

"We all age differently, and so the key is to make the most accurate assessment possible, combining techniques when necessary and looking at each patient from a discerning, complete point of view," says Dr. Kornstein, who performs his surgical and noninvasive procedures in his private, fully accredited state-of-the-art facility, which is conveniently located inside his plush Fifth Avenue practice. The talented plastic surgeon describes his practice as intimate in terms of care and attention, and expansive due to his considerable command of a full range of face, body and breast procedures. "I only recommend what's in patients' best interests, taking a conservative approach and referring out if I feel it's appropriate. If I don't think a patient needs a certain procedure, I won't perform it."

Dr. Kornstein prides himself on the group he has assembled around him. "Everyone working here is accomplished and talented in his or her own right. Such a competent, capable staff allows me to focus on the aesthetics while providing an oasis for the patient. We've worked hard to create the proper atmosphere where safety, comfort and professionalism are accomplished with a personal touch," says the doctor of his impressive team of anesthesiologists, administrative professionals and private duty nurses available for personal postoperative care, upon request.

With attentiveness, availability and honesty serving as the three primary keystones of his practice, Dr. Kornstein always sees each surgical patient twice before surgery to ensure proper preoperative planning. "I always learn more information during the second visit that will influence the proposed plan. I look at everyone as my canvas. The subtle nuances make all the difference."

BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL DEGREE

Cornell University Medical College

RESIDENCY

St. Luke's Roosevelt Hospital Center

FELLOWSHIP

St. Luke's Roosevelt Hospital Center

AFFILIATIONS

American Society of Plastic Surgeons
American Society for Aesthetic Plastic Surgery
American College of Surgeons
Advisory Board, Allergan Medical Corporation

AREAS OF EXPERTISE

Fat Grafting
Breast Surgery
Facelift
Rhinoplasty
Botox® and Facial Injectables

LOCATION

New York, New York
212.987.1300

WEB SITE

www.kornstein.com