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| **As one may clearly glean from the article below, I apply the same high standards and philosophy to our law and the divorce process as I do to my own life as well as my life's work. Law is the cornerstone of our Society(anyone happy with its present state or direction?) and therefore, should be treated with the same high standards as entering the body with the objective of leaving it better off as a consequence of you having been there.**1 message |

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| Given its place as an “elective” field, medical aesthetics uniquely positions patients to fall victim to marketing strategies that promise perfection, but produce outcomes often woefully short of the goal. Sitting at an intersection of medicine and retail, patients self select from a menu of surgical and non-surgical interventions designed to fulfill dreams and often purchased through Groupon. Given this landscape, the advent of medical tourism and the varying outcomes which ensue, the rapidity in development of new technologies poised to draw consumers, the range of marketing techniques used to promote practices that may not have direct experience in the options offered, and the forever rising expectations of patients, the demand for the highly experienced in full body transformation abounds. This breed of surgeon is markedly different from those who seek, and excel in, an environment of high predictability as, in fact, this practitioner is stimulated by the demand for continual and often “on the table” innovation. As technology has evolved, the need for those with extraordinary surgical skills, coupled with an understanding of the latest advances in technology, is in high demand. Dr. Andrew Kornstein, a pioneer in the transformative process, has often lent his expertise to the patient with the highest level of expectations, and has given many patients a fresh start where discouragement once prevailed. Acknowledged by his peers as “highly innovative”, “a meticulous surgeon” and “willing to put forth extraordinary effort”,  he has rendered many a masterpiece. He credits his success to his focus on the fundamentals of medicine—accurate diagnosis, optimal therapeutic interventions and an optimal setting for healing—and points efforts towards the patient whose ideal has yet to be realized, either because nature missed the mark the first time, or surgical attempts at improving nature’s draft failed to deliver the dream. As a visionary with a complex understanding of both the most advanced surgical techniques and the ever expanding borders of technology, Dr. Kornstein has leveraged their combined strength to overcome the inherent limitations present when either are approached singularly. Patients best served by this model are those who desire the life changing experience of full body transformation, either as a restorative process, or an element of personal design, in creating agelessness over the continuum of time. “Doctors need to return to the basics of accurate diagnosis and delivery of treatment protocols rather than the glitz of marketing and ever compelling ad campaigns” states Kornstein. “During my training, plastic surgeons were grounded in these fundamentals and we should not lose sight of that. It often takes more time to deliver on this level, and such is our calling—- to create the best our hands can offer, for every patient”. With a similar philosophy and a desire to join in the ever present pursuit to crack the code on skin laxity, Dr. Jack Zamora, of Denver, discovered the ability of j plasma to deliver subdermal skin tightening. Kornstein, who embraced these findings, was the first to use j plasma for full body skin tightening, and simultaneously developed protocols to optimize patient safety during time extensive and multi-site sessions. Patient inquiries across Real Self seek solutions to address laxity in arms, legs, abdomen, buttocks, neck and knees. While some are candidates for surgical interventions, others may be best served by minimally invasive options. Many others remain candidates for a plan that involves both approaches.  “The answer is never one dimensional”, Kornstein says thoughtfully, “and outcomes are driven by that reality.” By viewing the body as a whole, and treating by component, a seamless transition from one site to another occurs. For example, laxity of the interior thigh may be best served by ultrasound technology, and the knee by cold plasma, while a lower body lift may be the most effective modality for setting the optimal foundation for both. Final maximum benefit may be achieved by fat grafting for minor irregularities that left unattended skew the overall result, and optimal scarring best achieved by the use of SERI for added support to weakened fascia. Taking a comprehensive approach, which combines multiple modalities, leads to the transformation patients seek, and allows a woman to manage her physical being, along with the various stages of the life cycle, on her own terms. Dr. Neal Gordon, renowned facial plastic surgeon and founder of the Still Rock facility, a state licensed surgery center and adjacent Inn and Spa, shared by Kornstein in Wilton Ct, insightfully considers the force behind the dedication to his patients. “Women at a certain age are treated as irrelevant. This work is about erasing that word from society’s response to her.” As often reflected in the confidence captured in photos depicting movement towards a “body positive” society, women are demanding the opportunity to fully define beauty on their own terms, whether those terms meet traditional constructs or reflect an internal vision. The undertaking of full transformation embraces the power of a patient’s right to choose and, by nature of design, engages the patient deeply in the process. As with all transformative acts, the results are far reaching and create an environment in which the benefits are experienced on multiple levels.What could be more powerful than to define an outward expression of one’s internal self and, through that act, shape the way in which one is interpreted? According to those who have fared the journey, outcomes cannot be measured in one element, but are rather found in the life changing totality of the whole.Whether when pondering the skill of Maxwell with the curve of breast, Hughes with the slope of hips or Kornstein with his focus overall, each calls to mind borrowed thoughts of the past, “I saw the angel in the marble and carved until I set (her) free...”Relevant, to say the least. |

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